



MARCH-PARKER

Weekend Group Exercise Schedule

UPDATED: 2/22/19

Saturday, Mar 2nd

8:00-9:00am Cycling- Shannon

9:00-10:00am Zumba/Toning- Liliana

Sunday, Mar 3rd

7:30-8:30am-Group Power (Strength Train Together)- Andrea

9:00-10:00am Zumba- Diane R.

Saturday, Mar 9th

8:00-9:00am Cycling- Julie St.

9:00-10:00am Zumba/Toning- Emily

Sunday, Mar 10th

7:30-8:30am Group Power (Strength Train Together)- Andrea

9:00-10:00am Zumba- Emily

Saturday, Mar 16th

8:00-9:00am Cycling- Amanda R.

9:00-10:00am Zumba/Toning- Emily

Sunday, Mar 17th

7:30-8:30am Group Power (Strength Train Together)- Andrea

9:00-10:00am Zumba- Emily

Saturday, Mar 23rd

8:00-9:00am Cycling- Amanda R.

9:00-10:00am Zumba/Toning- Diane R.

Sunday, Mar 24th

7:30-8:30am Group Power (Strength Train Together)- Diane J.

9:00-10:00am Zumba- Diane R.

Saturday, Mar 30th

8:00-9:00am Cycling- Jodeen

9:00-10:00am Zumba/Toning- Emily

Sunday, Mar 31st

7:30-8:30am Group Power (Strength Train Together)- Julie St.

9:00-10:00am Zumba- Emily