



# **APRIL-PARKER**

## **Weekend Group Exercise Schedule**

### **Sunday, April 1st**

**EASTER. NO CLASSES HELD.**

### **Saturday April 7th**

9:00-10:00am Cycling- Amanda

9:00-10:00am Zumba/Toning- Emily

### **Sunday, April 8th**

7:30-8:30am-Group Power (Strength Train Together)- Andrea

9:00-10:00am Zumba-Emily

### **Saturday, April 14th**

9:00-10:00am Cycling- Amanda

9:00-10:00am Zumba/Toning-Emily

### **Sunday, April 15th**

7:30-8:30am Group Power (Strength Train Together)- Andrea

9:00-10:00am Zumba-Emily

### **Saturday, April 21st**

9:00-10:00am Cycling- Jana

9:00-10:00am Zumba/Toning-Emily

### **Sunday, April 22nd**

7:30-8:30am Group Power (Strength Train Together)-

**LAUNCH:** Diane J. and Andrea

9:00-10:00am Zumba-Emily

### **Saturday, April 28th**

9:00-10:00am Cycling- Jodeen

9:00-10:00am Zumba/Toning-Emily

### **Sunday, April 29th**

7:30-8:30am Group Power (Strength Train Together)- Diane J.

9:00-10:00am Zumba- Emily