



FEBRUARY-JANESVILLE

Weekend Group Exercise Schedule

Saturday, Feb 2nd

8:15-9:15am Group Power (Strength Train Together)–Julie Sh.
8:15-9:15am Boot Camp– Rene

Saturday, Feb 9th

8:15-9:15am Group Power (Strength Train Together)– Josh
8:15-9:15am Boot Camp– Rene

***11:00-12:00pm-Yoga R&R-Mari*

Saturday, Feb 16th

8:15-9:15am Group Power (Strength Train Together)– Jana
8:15-9:15am Boot Camp– Rene

Saturday, Feb 23rd

8:15-9:15am Group Power (Strength Train Together)- Julie St.
8:15-9:15am Boot Camp– Rene

