



MARCH-JANESVILLE

Weekend Group Exercise Schedule

Saturday, Mar 2nd

8:15-9:15am Group Power (Strength Train Together)–Josh
11:00-12:00pm Yoga R&R– Mari

Saturday, Mar 9th

8:15-9:15am Group Power (Strength Train Together)– Jana

Saturday, Mar 16th

8:15-9:15am Group Power (Strength Train Together)– Alisa

Saturday, Mar 23rd

8:15-9:15am Group Power (Strength Train Together)- Jana

Saturday, Mar 30th

8:15-9:15am Group Power (Strength Train Together)- Josh

***SATURDAY **BOOT CAMP** IS POSTPONED UNTL FALL

