



# **MAY-JANESVILLE**

## **Weekend Group Exercise Schedule**

### **Saturday, May 4th**

8:15-9:15am Group Power (Strength Train Together)–Alisa  
11:00-12:00pm Yoga R&R– Mari

### **Saturday, May 11th**

8:15-9:15am Group Power (Strength Train Together)–Julie Sh.

### **Saturday, May 18th**

8:15-9:15am Group Power (Strength Train Together)– Jana

### **Saturday, May 25th**

8:15-9:15am Group Power (Strength Train Together)– Josh

**\*\*\*SATURDAY BOOT CAMP IS POSTPONED UNTL FALL**

