



JANESVILLE YMCA GYMNASTICS

Classes are for children 5 - 12 years old. Multipurpose Room D&E.

Session:
Sept. 11 - Oct. 28

Registration:
NOW - September 11

Class Schedule			
Monday	Tuesday	Wednesday	Thursday
	Level 1 B 5-6 PM	Level 1 A 5-6 PM	Level 1 B 5-6 PM
Level 1 A 6-7 PM	Level 2 B 6-7 PM	Level 2 A 6-7 PM	Level 2 B 6-7 PM
Level 3 B 7-8 PM	Level 4 B 7-8 PM	Level 3 B 7-8 PM	Level 4 B 7-8 M

Level 1: 60 minute class. Ideal for beginners.

Level 2: 60 minute class. Skill requirements:
Floor: Backward roll, handstand & cartwheel
Bars: Front and support & casting

Level 3: 60 minute class. Skill requirements:
Floor: handtand, forward roll & round off
Bars: Back hip pullover & back hip circle
Beam: Tuck jump

Classes can be taken 1x/week or 2x/week.

***A - indicates once a week -
Members: \$42 Non-Members: \$72
*B - indicates twice a week -
Members: \$62 Non-Members: \$92**

Level 4: 60 minute class. Skill requirements:
Floor bridge kickover & handstand into bridge
Bars: Leg cut & stride circle
Beam: Split jump & 3/4 handstand

For more information, contact Trent Henning at thenning@ymcajanesville.org.

YMCA OF NORTHERN ROCK COUNTY

Downtown Janesville - 608.754.YMCA - 221 Dodge St. Janesville, WI 53548
Parker YMCA - 608.868.YMCA - 1360 Parkview Dr. Milton, WI 53563
www.ymcajanesville.org

Fall Gymnastics Registration Form—One Form Per Person

Register by mail, in person or fax credit card information to 608-754-9024 attention Trent Henning.

Child's Name: _____ Grade: ____ Age: ____ Birth Date: _____

Male Female Member Non-Member

Contact's Name: _____ Home/Cell Phone: _____

Address: _____ City: _____ State: ____ Zip: _____

Email Address: _____ Class Attending: _____

Day(s): _____ Time: _____

Payment Method

- Cash (in person only)
 Check # _____
 Credit Card Visa Master Card

*Refunds may only be issued if the YMCA cancels a program

Name on Card _____

Card # _____

Expiration Date _____

3-Digit Verification Code (on back of card) _____

Signature _____

AMOUNT ENCLOSED _____