



# **JUNE-JANESVILLE**

## **Weekend Group Exercise Schedule**

### **Saturday, June 2nd**

7:00-8:00am Cycling– Julie St.

8:15-9:15am Group Power (Strength Train Together)– Alisa

11:00-12:00pm-Yoga R&R-Mari

### **Saturday, June 9th**

7:00-8:00am Cycling– Julie St.

8:15-9:15am Group Power (Strength Train Together)– Jana

### **Saturday, June 16th**

7:00-8:00am Cycling– Julie Shreck

8:15-9:15am Group Power (Strength Train Together)– Josh

### **Saturday, June 23rd**

7:00-8:00am Cycling– Julie St.

8:15-9:15am Group Power (Strength Train Together)- Josh

### **Saturday, June 30th**

7:00-8:00am Cycling- Julie Shreck

8:15-9:15am Group Power (Strength Train Together) - Jana

