



MAY-PARKER

Weekend Group Exercise Schedule

Saturday May 5th

9:00-10:00am Cycling- Jodeen

9:00-10:00am Zumba/Toning- Emily

Sunday, May 6th

7:30-8:30am-Group Power (Strength Train Together)- Diane J.

9:00-10:00am Zumba-Emily

Saturday, May 12th

9:00-10:00am Cycling- Jana

9:00-10:00am Zumba/Toning-Emily

Sunday, May 13th

7:30-8:30am Group Power (Strength Train Together)- Diane J.

9:00-10:00am Zumba-Emily

Saturday, May 19th

9:00-10:00am Cycling- Amanda

9:00-10:00am Zumba/Toning-Emily

Sunday, May 20th

7:30-8:30am Group Power (Strength Train Together)- Andrea

9:00-10:00am Zumba-Emily

Saturday, May 26th

9:00-10:00am Cycling- Jodeen

9:00-10:00am Zumba/Toning-Emily

Sunday, May 27th

7:30-8:30am Group Power (Strength Train Together)- Andrea

9:00-10:00am Zumba- Emily